



C MAJOR SCALE - FINGER GYM

This is a great finger gym exercise to help you practice plucking and fretting with the correct fingers to make playing the sequence run as smoothly and effectively as possible.

This exercise requires use of the C, E & A strings only so you will just need the following fingers for plucking:



- C STRING - THUMB
- E STRING - INDEX FINGER
- A STRING - MIDDLE FINGER

For fretting, you should use fingers 1, 2 and 3 to play the corresponding frets on each strings.



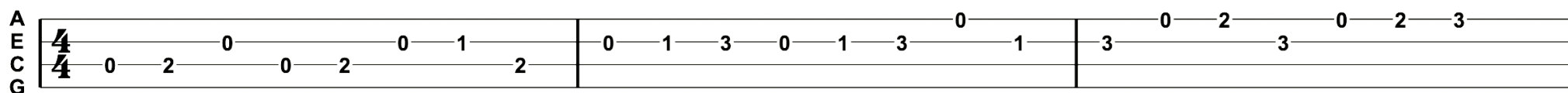
- FRET 1 - INDEX FINGER (1)
- FRET 2 - MIDDLE FINGER (2)
- FRET 3 - RING FINGER (3)



1

2

3



4

5

6

