



# FINGER PICKING – INSIDE OUT

This pattern is referred to as the 'inside out' pattern which is quite a basic pattern that begins on the lowest pitched string: C (when played open) As there are 6 notes in this pattern it can be used for songs in 3/4 and 6/8 time signatures. (3/4 is also known as waltz time)

A -----M-----  
 E -----|-----|-----  
 C-----T-----  
 G-----T-----T-----  
           1      +      2      +      3      +

- REPEAT -

To make a similar sounding pattern work over songs in 4/4 time signatures (also known as Common Time), you could add two extra notes as follows:

-----M-----  
 -----|-----|-----|-----  
 -----T-----T-----  
 -----T-----  T-----  
           1      +      2      +      3      +      4      +

- REPEAT -

This pattern starts and ends on the two centre strings giving it a nice double bass or root emphasis when certain root based chords are played.

As there are 8 notes to play you will need to play two notes per beat for songs in 4/4. Making them 8<sup>th</sup> notes (US) or quavers (UK)



**EXERCISE:** Try playing two bars each of the chord progressions whilst playing the patterns above:

1. A7 – E7

A7      E7

2. C – G7

C              G7

3. Dm – F

Dm              F

4. Fm - C

Fm              C